



Staff restaurant Eldora BVZ

Monday, 11. August	Tuesday, 12. August	Wednesday, 13. August	Thursday, 14. August	Friday, 15. August
WÄLTREIS Geschmortes Schweinsbäggli Rotweinsauce Polenta Mischgemüse <i>approx 755.2 cal. / Poulet: Schweiz</i>	WÄLTREIS Pork stew Tagliatelle Green beans <i>approx 633.2 cal. / Pork: Switzerland</i>	WÄLTREIS Cannelloni filled with beef, tomato sauce, béchamel sauce, gratinated with cheese <i>approx 658.9 cal. / Beef: Switzerland</i>	WÄLTREIS Thai yellow curry with chicken Jasmine rice Fried vegetables with Mu-Err mushrooms <i>approx 735.8 cal. / Chicken: Switzerland</i>	WÄLTREIS Sausage salad with red onions, radish, gherkins and parsley Fried potatoes <i>approx 776.0 cal. / Sausage (pork): Switzerland</i>
14.50	14.50	14.50	14.50	14.50
KARMA 	KARMA 	KARMA 	KARMA 	KARMA 
	Bami Goreng Indonesian noodles with tofu, vegetables, soy sauce and sambal oelek <i>approx 414.9 cal.</i>	Gnocchi all'Arrabbiata Gnocchi with spicy tomato sauce, fried vegetables, olives and grated cheese <i>approx 591.9 cal.</i>	Stuffed bell peppers with couscous, peas, dried fruits and plant-based protein Herb cottage cheese Oriental vegetable salad <i>approx 642.1 cal.</i>	Stuffed bell peppers with couscous, peas, dried fruits and plant-based protein Herb cottage cheese Oriental vegetable salad <i>approx 658.9 cal.</i>
				Spring rolls with vegetables Sweet chilli sauce Fried rice Cucumber salad <i>approx 738.6 cal.</i>
14.50	14.50	14.50	14.50	14.50
SALATBAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALATBAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALATBAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALATBAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALATBAR Daily fresh raw vegetable and green salads with various toppings and dressings
pro 100g: 3.10	pro 100g: 3.10	pro 100g: 3.10	pro 100g: 3.10	pro 100g: 3.10