







Staff restaurant Eldora BVZ

Monday, 15. September	Tuesday, 16. September	Wednesday, 17. September	Thursday, 18. September	Friday, 19. September
WÄLTREIS Sliced pork Creamy herb sauce Polenta Herbed courgettes <i>approx 575.4 cal. / Pork: Switzerland</i>	WÄLTREIS  Nasi Goreng Fried rice with chicken, vegetables and krupuk <i>approx 541.4 cal. / Chicken: Switzerland</i>	WÄLTREIS  Bolognese sauce Spaghetti with parmesan <i>approx 703.7 cal. / Beef: Switzerland</i>	WÄLTREIS Pork schnitzel Creamy cognac sauce Noodles Peas and carrots <i>approx 762.1 cal. / Pork: Switzerland</i>	WÄLTREIS Chicken breast Herb butter Fried potatoes Broccoli <i>approx 637.7 cal. / Chicken: Switzerland</i>
14.50	14.50	14.50	14.50	14.50
KARMA  Tortilla with potatoes, onions and peppers served with buffalo mozzarella, marinated radicchio and Catalan vegetables <i>approx 467.9 cal.</i>	KARMA  Cheese spätzli with fried onions and Apple sauce <i>approx 939.9 cal.</i>	KARMA Thai red curry with organic tofu and vegetables Jasmine rice <i>approx 677.2 cal.</i>	KARMA  Penne Salsa all'Arrabbiata <i>approx 539.1 cal.</i>	KARMA  Chickpea tajine with carrots, preserved lemons, dried apricots and organic dates Couscous <i>approx 489.1 cal.</i>
14.50	14.50	14.50	14.50	14.50
SALATBAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALATBAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALATBAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALATBAR Daily fresh raw vegetable and green salads with various toppings and dressings	SALATBAR Daily fresh raw vegetable and green salads with various toppings and dressings
pro 100g: 3.10	pro 100g: 3.10	pro 100g: 3.10	pro 100g: 3.10	pro 100g: 3.10